

UAB OUTDOOR PURSUITS and UAB STUDENT LEADERSHIP

Present: INTO THE WOODS

Volunteer Service Project

Sipsey Wilderness Area

Bankhead National Forest

Oct. 3, 2009

Saturday, Oct. 3, 2009

- Meet in room 290 at the Campus Recreation Center to depart at **8:00 AM**.
- Pack your gear, fill water bottles and eat breakfast before you come.
- Dress in clothes for working in the woods. Consider boots or sturdy shoes, long sturdy pants, and long sleeves, but dress to stay cool.
- Remember to pack your lunch, water, and any tools you are willing to use.
- Ride to the Sipsey Wilderness in North West Alabama.
- Separate into groups of 10 or less. Hike in to clear trails and perform trail maintenance or forest service project.
- Carry water, food and tools with you.
- Improve the conditions of one of our states best natural resources.
- Hike back to vans.
- You might consider bringing a change of clothes for when we finish working.
- Drive to recreation area to regroup with other vans.
- Stop at restaurant for dinner. Possibly Jean's on the River.
- Return to Birmingham by 10:00 PM.

Pre-trip meeting and deadline for sign-up, Tuesday, Sep. 29, at 6:00 PM in room 290 of Campus Rec.

Trip includes transportation and some tools will be available.

Participants are responsible for all meals.

Any questions not answered at pre-trip meeting should be directed to:

Bill Pierce 996-4913

For your outdoor needs visit

Mountain High
O U T F I T T E R S

2800 Cahaba Village Plaza, Suite 250
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