

UAB OUTDOOR PURSUITS

WINDSURF CAPE HATTERAS, NC – A WINDSURFING CAPITAL

September 4-7, 2009

Windsurfing is one of the most exhilarating water sports around where individuals make their way across water often at speeds greater than 30 miles per hour powered by nothing but wind. On top of that, Cape Hatteras, NC is one of the prime destinations for windsurfing in all of the US and, as such, should attract your attention. Join us and experience windsurfing in Cape Hatteras, NC - an event you should not miss!

Thursday, September 4

- Meet in room 290 at the Campus Recreation Center at 8:00 AM
- Drive 800 miles approximately 12 hours to Hatteras, NC during the day
- Stop at fast food restaurants along the way for lunch and dinner
- Arrive at Sands of Time campground and setup tent. Sleep Thursday night

Friday, September 5

- Wake up and eat breakfast. Ride to Ocean Air Sports outfitter.
- Meet the instructor, get ready and have a two hour beginner windsurfing lesson (by the end of this lesson, one should be able to maneuver around on a windsurfing board freely)
- After the lesson, eat lunch
- Spend the afternoon touring the lighthouses in surrounding area and doing general sightseeing
- Go back to the campground for dinner and evening of fun
- Sleep Friday night

Saturday, September 6

- Wake up and eat breakfast. Ride to Ocean Air Sports outfitter.
- Have the second two hour lesson on the water
- After the lesson, eat lunch
- Spend the afternoon doing more sightseeing or by spending time on the beach
- Go back to the campground for dinner and another evening of fun. Sleep Saturday night

Sunday, September 7

- Wake up and eat breakfast. Pack everything up in the van and be ready for drive to Birmingham
- Once again, ride to Ocean Air Sports outfitter.
- Optional, at participant's expense, board rental to practice or hang out at the beach.
- Mid morning, start our drive back to Birmingham
- Stop on the road to eat lunch and dinner
- Arrive in Birmingham late Sunday evening

Plan to bring: 3 breakfast in your duffel, 2 sack lunches or money for restaurants and money for 2 lunches and 2 dinners at restaurants. Brown bagging for designated restaurant stops is always acceptable.

Pre-trip meeting and deadline for sign-up, Tuesday Sept. 1 at 6:00 PM in room 290 of Campus Rec.

Pick up equipment, packing list, and receive additional instructions. Trip fee covers equipment, transportation, sleeping arrangements and 2 lessons.

Participants are responsible for all meals, and Sunday optional board rental. Refund policy on Waiver is closely followed.

Any questions not answered at pre-trip meeting should be directed to:

Bill Pierce 996-4913

For your outdoor needs visit

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