

UAB OUTDOOR PURSUITS
SEA KAYAK CUMBERLAND ISLAND, GA

Mar. 18-21, 2010

Thursday, Mar. 18

- Meet in room 290 in the Campus Recreation Center at **8:00 AM**.
- Eat breakfast, pack your gear, and fill water bottles before you come.
- Ride to Kingsland, GA. 406 miles
- Eat lunch and dinner along the way at fast food restaurants.
- Arrive at Crooked River State Park primitive camp. Bring a flashlight or headlamp to help set up your tent.

Friday, Mar. 19

- Wake up; eat breakfast from the van.
- Leader to Pickup permits in St. Marys. Participants make breakfast at Crooked River State Park.
- Receive sea kayak, paddle, and life jacket at put-in. Load kayaks with gear/food.
- Remember that the cockpit of the boat is only 15" wide at the widest, and items in the cock pit area will be hard to get to once you are on the water. Loose items may also add to the discomfort of the seating.
- Depart at high tide (11:30 AM) in order to ride the tide. Paddle 11 miles to Brick Hill Bluff primitive camp, approximately 6 hours of good paddling.
- Possible stop at Plum Orchard, an old mansion that now belongs to the Park service.
- Eat lunch out of boat in a beautiful location.
- Arrive at camp. Select site, and set up tents. No restrooms. (remember your trowel, toilet paper and LNT)
- Cook dinner out of your kayak. (boiled water will be provided)
- Bring long sleeve shirt and pants for bugs, cool weather, sun and wind.

Saturday, Mar. 20

- Wake up when you want.
- This is a free day to explore/hike Cumberland Island.
- Eat all meals from your kayak.
- Find your own private beach to enjoy.
- Enjoy the peace and quiet.

Sunday, Mar. 21

- Wake up early; eat breakfast from your kayak. (boiled water will be provided)
- Departure must be at low tide in order to ride the tide. (7 AM)
- Paddle 11 miles back to Crooked River State Park, van and take-out. Have a snack available.
- Load gear on boat trailer.
- Ride to restaurants for lunch and dinner. Return to Birmingham around 10:00 PM.

Pre-trip meeting and deadline for sign-up, Tuesday, March 16, at 6:00 PM in room 290 of Campus Recreation

Pick up equipment, packing list, and receive additional instructions.

Trip fee covers equipment, permits, camping, and transportation.

Participants are responsible for all meals.

Any questions not answered at pre-trip meeting should be directed to:

Bill Pierce 996-4913

For your outdoor needs visit


The logo for Mountain High Outfitters features the words "Mountain High" in a large, stylized, cursive font. Below this, the word "OUTFITTERS" is written in a smaller, all-caps, sans-serif font.

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