

**UAB OUTDOOR PURSUITS  
CANOE MULBERRY RIVER, AL**

March 6, 2010

**Saturday, March 6**

- Meet in room 290 at the Campus Recreation Center. We will have two departure options: **8 am and 11am**
- Pack your gear and eat breakfast before you come. Pack a lunch or snack for on the river.
- Dress in clothes for swimming, including river sandals or shoes.
- If weather indicates wetsuits, they are included in the cost of the trip.
- Ride to the Mulberry River.
- Put on life jackets. Pack your snacks, water, and camera in a waterproof container; you should tie everything to the boat.
- Put boats in at the river. Paddle down stream. Eat snack/lunch along the river.
- Continue paddling to take out and UAB vans.
- You might consider bringing a change of clothes and a towel for when we get off the river.
- Load up, run shuttle.
- Return to Birmingham by 6:00 PM.

**Open Kayaking:** We will be paddling Perception Torrents, this is very much like a white water kayak, but it is not decked, and requires no spray skirt. This is a very stable boat, and excellent for beginners.

Pre-trip meeting is Tuesday, March 2, at 6:00 PM in room 290 of Campus Rec.

Pick up equipment, packing list, and receive additional instructions.

Refund policy on Waiver is closely followed.

Trip fee covers equipment and transportation.

Participants are responsible for all meals.

Any questions not answered at pre-trip meeting should be directed to:

Bill Pierce 966-4913

For your outdoor needs visit

**Mountain High**  
O U T F I T T E R S

2800 Cahaba Village Plaza, Suite 250  
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