

**UAB OUTDOOR PURSUITS
WILD CAVING TUMBLING ROCK, AL**

January 23, 2010

Saturday, Sept. 12

- Meet in room 290 at the Campus Recreation Center at **8:00 AM**.
- Eat breakfast, pack daypack with food/snacks, batteries, extra lights, and fill water bottles before you come.
- Ride to Scottsboro, AL (approximately 2 hours)
- Stop in Scottsboro for an early lunch.
- Continue riding to Tumbling Rock Wild Cave.
- Arrive at cave entrance and pass out equipment.
- Begin caving in groups. Our plan is to reach King's Shower and the Topless Pit about 2 miles inside of the cave.
- We will stop along the way to enjoy views of Totem Gallery (a large room filled with stalactites and stalagmites.)
- Eat a small snack while enjoying the gallery.
- See King's Shower, a 465-foot high water fall inside the cave. Many cavers and non-cavers visit this well-known viewpoint.
- Return through the cave and back to the van.
- Exit the cave and change clothes at "changing house." A plastic bag for all of your dirty caving clothes is a great idea.
- Ride to a restaurant for dinner.
- Return to Birmingham around 10:00 PM.

Pre-trip meeting and deadline for sign-up, Tuesday, January 19, at 6:00 PM in room 290 of Campus Rec.

Receive instructions and packing list.

Trip fee covers equipment, transportation, and entrance fees.

Participants are responsible for all meals.

Refund policy on Waiver is closely followed.

Any questions not answered at pre-trip meeting should be directed to:

Bill Pierce 996-4913

For your outdoor needs visit

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