

**UAB OUTDOOR PURSUITS  
FUNYAK NANTAHALA RIVER AND  
MOUNTAIN BIKE TSALI, NC**

July 9-11, 2010

**Friday July 9**

- Meet in room 290 at the Campus Recreation Center at **5:00 PM**.
- Pack gear, food, snacks and fill water bottles before you come.
- Depart for Topton, NC.
- Ride to Tsali campgrounds, eat dinner along the way at a fast food restaurant.
- Camp near the van. Bring a flash light or headlamp to help set up your tent.
- Sleep Friday night.

**Saturday July 10**

- Wake up; eat breakfast.
- Dress in swimsuit and river shoes. Don't forget your sunblock!
- Ride to the put-in. Receive instructions, boats, life jackets, helmets, and paddles.
- Pack water and food to put in your boat. Pack it to stay dry and in the boat.
- There are restaurants along the bank of the river to buy hot chocolate and food. Consider bringing some money. (Pizza on the River – Takes wet money)
- We will regroup on the bridge.
- Eat dinner at a nice restaurant or return to camp to cook a late dinner.
- Sleep at Tsali campgrounds Saturday night.

**Sunday July 11**

- Wake up; eat breakfast.
- Dress for mountain biking.
- Pack water and lunch for the trail.
- Ride some of the nation's best trails.
- Be careful riding and obey rules.
- Pack-up and check-out of camp.
- Ride to a restaurant for dinner.
- Return to Birmingham around 10:00 PM on Sunday.

Pre-Trip meeting and deadline for sign-up, Tuesday, July 6, at 6:00 PM in room 290 in Campus Recreation  
Pick up equipment, packing list, and receive additional instructions. Trip Fee covers equipment, transportation, and  
entry fees. Participants are responsible for all meals.

Any questions not answered at pre-trip meeting should be directed to:  
Bill Pierce: 996-4913

For your outdoor needs visit



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